

*A Message from- At Your Side Private Exercise
Welcome Back!*

- The safety of trainers and clients has always been At Your Side's top priority.
- The health and integrity of our At Your Side community, environment & equipment falls within this top priority.

The studio has been retrofitted with:

- Hand sanitation stations at the front and rear door entrances
- Plexiglass barriers between cardio machines
- Scheduled limited hourly appointments to allow for physical distancing
- an iwave air purification system to kill airborne mold, germs and viruses throughout the day.
- UVC lights to sanitize the air and hard surfaces overnight
- In addition, trainers are sanitizing all equipment and points of contact throughout client sessions.

Clients and Trainers are asked to pre-screen themselves and refrain from entering the studio if the answer to any of the following questions is "YES"

- Are you showing signs of coughing, sneezing extreme fatigue, fever?
- Are you taking care of a Covid-19 sick family member?
- Have you travelled on an airplane within the last two week period?
- Have you tested positive for Covid-19 within the past 4 weeks?

Everyone is required to wear appropriate gym attire, footwear and face covering during their session. Take breathing and water breaks when need be.
At Your Side logo breathable cloth face coverings are available for \$5.

Please secure your valuables in a locker.
We are a cologne and perfume free studio.

By entering At Your Side, clients and trainers are consenting and agreeing to comply with all safety protocol set forth by the City of Beverly Hills and/or City of LA and Lesley Goldberg, owner.

Due to the Covid-19 public health crisis, safety protocol is subject to change at anytime and for any reason.